

LE SPA

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*by Jan*



Le Spa by Jan seeks to provide a private oasis  
in the midst of a busy city.

Our guests may often come to us stressed and consumed  
by a relentless and unforgiving life-style, but they leave  
our luxury get-away feeling beautiful, refreshed and  
rejuvenated.

Located in the heart of chic and upbeat Central,  
our boutique spa offers high quality treatments and  
certified therapists at affordable prices.

Our wide range of treatments include facials, massages,  
waxing, body scrubs and mani-pedis, as well as low-level  
laser slimming programs and make-up services.

All our treatments are non-invasive and non-medical,  
and are supported by the use of quality skin care brands.

It is important to us to take time to listen to our guests  
and we make sure that all treatments are tailored to each  
one's unique needs.

We invite our guests to take a break from their busy lives  
and to be pampered – they deserve it!



## RITUALS

# RITUALS

Take the necessary time to soothe your body and mind with one of our rituals, the ultimate wellness experience from Le Spa by Jan.

## **'UTOPIA' RITUAL (3 Hours / HK\$ 2400)**

### **Whole Body Scrub (45 mins)**

Our whole body scrub will make your skin feel better from head to toe. This scrub will remove dead cells, protect cells from inflammation, and refine and smoothen your skin texture. This treatment comes with a combination of two signature Thalgo Scrub: Polynesia + Indoceane sugar scrub.

### **Aroma Relaxation Massage (60 mins)**

Combining smooth but firm strokes, the Aroma massage will calm your nerves and soothe your mind, but also relax your body by improving blood circulation and stimulating your lymphatic system. To make this massage completely healthy, we use organic oil from Springfield Australia.

### **Brightening & Rejuvenating Facial (75 mins)**

A facial specially designed for clients who wish to prevent pre-mature aging, this treatment results in a radiant complexion by removing dull and tired skin, making your skin look younger and brighter. After cleansing your face, our therapist will make you totally relax with a scalp and shoulder massage. The ritual is completed by applying our unizones clearing corrector to specific areas to treat and reduce the size and intensity of pigmentation marks, as well as hydrating cream.

Disclaimers:

- No additional discount can be applied to Rituals, including the First timer discount.
- We do not have 'couple' rooms.

## **‘SERENITY’ RITUAL (3 Hours / HK\$ 2200)**

### **Whole Body Scrub (45 mins)**

Our whole body scrub will make your skin feel better from head to toe. This scrub will remove dead cells, protect cells from inflammation, and refine and smoothen your skin texture. This treatment comes with a combination of two signature Thalgo Scrub: Polynesia + Indoceane sugar scrub.

### **Oriental Meridian Massage (60 mins)**

The Oriental Meridian massage is inspired by traditional chinese acupressure techniques and acupressure points. It was specially designed with the aim to improve your Chi energy and release all the fatigue from your body. This treatment will help you to maintain a healthy state of mental and physical well-being.

### **Deep Cleansing Hydration Facial (75 mins)**

Microdermabrasion will be done first, to prepare your skin by removing dead epidermal cells, stimulate skin repair and collagen production, while smoothing out unsightly wrinkles. This gentle yet effective exfoliation uses a high quality synthetic diamond tip to improve dull, dry, and flakey looking skin. Then, the absolute hydration ritual facial will follow to replenish your dehydrated skin from within and help it regain its suppleness and softness. Highly recommended by men too!

Disclaimers:

- No additional discount can be applied to Rituals, including the First timer discount.
- We do not have ‘couple’ rooms.

## **‘BLISS’ RITUAL (3 Hours / HK\$ 2500)**

### **Whole Body Scrub (45 mins)**

Our whole body scrub will make your skin feel better from head to toe. This scrub will remove dead cells, protect cells from inflammation, and refine and smoothen your skin texture. This treatment comes with a combination of two signature Thalgo Scrub: Polynesia + Indoceane sugar scrub.

### **Hot Stone Massage (60 mins)**

The Hot Stone massage is a popular specialty treatment for which our therapist uses flat stones to give a deep massage, releasing tensions from your tight muscles. The smoothness and heat of the stones will give you a great feeling of relaxation.

### **Silicium Super Lift Facial (75 mins)**

The anti-aging treatment to target wrinkles, expression lines and improve facial contour. To help Thalgo’s special silicium extract achieve an amazing lifting effect, our therapist will incorporate 3 different massage techniques to stimulate the blood circulation and boost the natural synthesis of collagen, elastin and hyaluronic acid: your wrinkles will visibly be ironed out. To further enhance the lifting effect and complete this facial, a hyaluronic collagen mask and a cryo-sculpting mask are applied at the end of the treatment.

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- We do not have ‘couple’ rooms.



## **MASSAGE THERAPIES**

## MASSAGE THERAPIES

Our therapists, who come from all over Asia, are highly experienced and skillful in massage techniques. Each treatment offered in our menu was specially designed for Le Spa by Jan.

### **Aroma Relaxation Massage**

**60 mins / HK\$ 800**  
**90 mins / HK\$ 1100**

Combining smooth but firm strokes, the Aroma massage will calm your nerves and soothe your mind, but also relax your body by improving blood circulation and stimulating your lymphatic system. To make this massage completely healthy, we use organic oil from Springfield Australia.

### **Oriental Meridian Massage**

**60 mins / HK\$ 800**  
**90 mins / HK\$ 1100**

The Oriental Meridian massage is inspired by traditional chinese acupressure techniques and acupoints. It was specially designed with the aim to improve your “Chi” energy and release all the fatigue from your body. This treatment will help you to maintain a healthy state of mental and physical well-being.

### **Hot Stone Massage**

**60 mins / HK\$ 900**  
**90 mins / HK\$ 1200**

The Hot Stone massage is a popular specialty treatment for which our therapist uses flat stones to massage your body deeply, releasing tensions from all tight muscles. The smoothness and heat of the stones will give you a great feeling of relaxation.

### **Deep Tissue Massage**

**60 mins / HK\$ 800**  
**90 mins HK\$ 1100**

Our Deep tissue massage is specially designed to release all your muscular tensions, with vigorous strokes that focus on the deeper layers of your soft tissues. It is particularly useful when working with injuries.



### **Detox Massage**

**60 mins / HK\$ 800**  
**90 mins / HK\$ 1100**

Detox massage is a form of massage that stimulates the lymphatic system with gentle massaging strokes. The light rhythmical massage encourages the lymphatic system to eliminate metabolic waste products, excess fluid and bacteria. It is also a very effective way of detoxing the body plus stimulating vital immune defenses.

### **On The Run Back Massage**

**30 mins / HK\$ 500**

A massage aimed at totally relieving neck tension and removing muscular stiffness in the upper and lower back.

### **Pre-Natal Caring Body Massage**

**60 mins / HK\$ 800**

This luxurious massage is specially designed for all mothers-to-be who need impeccable care to help release tension and improve lymphatic drainage that causes swelling and discomfort, with the aid of comfortable and suitable cushions. (Precaution: this is not suitable for pregnant mothers who are in their first trimester).

### **Head & Shoulders Massage**

**30 mins / HK\$ 500**

If you don't have time for a full body massage yet are too overloaded with stress, then our Head and shoulders massage is for you. It will instantly release accumulated tension and stiffness, by applying pressure and kneading to acupressure points on your scalp, neck, and shoulders.

### **Classic Foot Massage (not Reflexology)**

**45 mins / HK\$ 500**

The Classic Foot massage will reduce your stress and facilitate full blood flow. The therapist will apply precise pressures on your feet which will remove blockages and restore proper energy flow to your body.



**FACIAL INDULGENCE**

# **FACIAL INDULGENCE**

**(with Thalgo - France)**

Refresh and rejuvenate your skin. Le Spa by Jan facial treatments use a refined selection of products from Thalgo, France.

## **Aqua Renew Hydrabrasion Facial**

**75 mins / HK\$ 1200**

This facial includes a dry diamond exfoliation procedure to remove the superficial layer of dead skin cells, and a wet exfoliation procedure with a water-based serum to hydrate, nourish and polish the skin. Your skin will immediately feel smoother and softer. Over the course of treatments, you will also notice a reduction of fine lines and wrinkles, the tightening of enlarged pores, and the elimination of acne and blemishes. This facial is recommended for all skin types and includes a soothing collagen mask at the end.

## **Acne-Combat Facial**

**75 mins / HK\$ 1200**

This facial combines microdermabrasion and AHA / BHA Thalgo exfoliating cream to break down and remove the superficial layer of dead skin cells. LED blue light therapy (415nm wavelength) will then be performed over oily and acne prone areas. Thalgo Intense Regulation Serum will also be used to remove acne-causing bacteria from the skin and to improve skin clarity. This facial is highly recommended for acne-prone skin.

## **Absolute Hydration Ritual Facial**

**60 mins / HK\$ 800**

This facial will totally rehydrate your skin from within, helping it regain its supple and soft nature. After gently cleaning your face, our therapist will apply a Thalgo facial mask with replenishing mineral ingredients that will facilitate the diffusion of water in the layers of your epidermis. To complete the treatment, a nurturing cream is applied.

### **Deep Cleansing Hydration Facial**

**75 mins / HK\$ 1000**

Microdermabrasion will be done first, to prepare your skin by removing dead epidermal cells, stimulate skin repair and collagen production, while smoothing out unsightly wrinkles. This gentle yet effective exfoliation uses a high quality synthetic diamond tip to improve dull, dry, and flakey looking skin. Then, the absolute hydration ritual facial will be followed, to replenish your dehydrated skin from within and help it regain its suppleness and softness. Highly recommended by men too!

### **Brightening & Rejuvenating Facial**

**75 mins / HK\$ 1200**

A facial specially designed for clients who wish to prevent pre-mature aging, this treatment results in a radiant complexion by removing dull and tired skin, making your skin look younger and brighter. After cleansing your face, our therapist will make you totally relax with a scalp and shoulder massage. The ritual is completed by applying our unizones clearing corrector to specific areas to treat and reduce the size and intensity of pigmentation marks, as well as hydrating cream.

### **Silicium Super Lift Facial**

**75 mins / HK\$ 1300**

The anti-aging treatment to target wrinkles, expression lines and improve facial contour. To help Thalgo's special silicium extract achieve an amazing lifting effect, our therapist will incorporate 3 different massage techniques to stimulate the blood circulation and boost the natural synthesis of collagen, elastin and hyaluronic acid: your wrinkles will visibly be ironed out. To further enhance the lifting effect and complete this facial, a hyaluronic collagen mask and a cryo-sculpting mask are applied at the end of the treatment.

### **Eye Uplifting Care**

**30 mins / HK\$ 500**

A gentle treatment using Thalgo eye serum, this quick facial will certainly help diminish dark circles, reduce puffiness, and smoothe out crow's feet. Our therapist will use a special massage technique to help rejuvenate and nourish your delicate skin furthermore. The treatment will be finished with a soothing collagen mask.

### **Men Hydrating Facial**

**75 mins / HK\$ 900**

We have specially designed this treatment for men who wish to take care of their skin. This facial combines a hydrating mask as well as microdermabrasion to achieve in depth results. After this facial your face will definitely feel rejuvenated, and smoother than before.



**BODY SLIMMING  
AND SKIN REJUVENATION**

# BODY SLIMMING AND SKIN REJUVENATION

We have designed non invasive treatments to achieve measurable results, using Chromogenex's revolutionary technology. I-Lipo, the intelligent alternative solution to liposuction, was awarded "Best Slimming Treatment" at the prestigious "Les Victoires de la Beauté" in Paris.

## **Ultra lymphatic drainage massage** **45 mins / HK\$ 900**

During this treatment a vacuum massage with knuckle rollers is used on your legs / buttock to enhance collagen growth, blood circulation, lymphatic drainage and water retention. In addition to this therapy, our Thalgo cellulite corrective gel is used to help achieve a better body contouring.

## **Laser Fusion 3D Lift Facial** **90 mins / HK\$ 1900**

Using the most innovative non-surgical skin rejuvenation technology, Fusion SLR is a safe and painless non-medical treatment which utilizes low level laser cell stimulation and microdermabrasion to instantly give you a smoother, healthier and glowing complexion.

## **Microdermabrasion Skin Resurfacing** **45 mins / HK\$ 750**

Using microdermabrasion, this process removes dead epidermal cells, and stimulates skin repair and collagen production, while smoothing out unsightly wrinkles. This exfoliation treatment helps your body improve absorption of essential oxygen and nutrients. To complete the treatment, a soothing hydration mask will be applied.

## **i-Lipo Ultra Fat Reduction & Body Conturing**

**Mid Section**      **90 mins / HK\$ 2200**

**Arms**              **45 mins / HK\$ 1500**

**Legs**              **75 mins / HK\$ 1900**

The ultimate solution to non-invasive fat reduction and body sculpting! i-Lipo treats one targeted area with high performance, low level laser diode, to trigger a chemical signal in fat cells.

This signal breaks down stored triglycerides into free fatty acids and glycerol, which are then released into the lymphatic system. They are then mobilized for energy wherever the body needs it.

This procedure is fast and simple with immediate and measurable results.

No surgery, no needle, no incision, no downtime, no pain and no side effects.

**i-Lipo Fusion Double Chin Combat**      **45 mins /HK\$ 1800**

These newly developed and smaller sized laser diode pads are specially designed to tackle that saggy chin with a careful contouring process.

Followed with a Fusion skin tightening treatment.

**Intensive Eye Treatment**                      **45 mins /HK\$ 800**

We conceived this intensive eye treatment combining special massage techniques, Thalgo eye serum and 'State-of-the-Art' LLLT (Low Level Laser Light Therapy).

This eye uplifting booster will intensively and effectively nourish your eyes delicate area.

The treatment will begin with microdermabrasion to prep the eye area, removing the dead skin cells to enhance the absorption of nourishing ingredients. This will be followed by a gentle massage all around the delicate eye area, using our Thalgo eye serum. The special stroke techniques used by our therapist will effectively help combat dark circles, reduce puffiness, and iron out crow's feet.

LLLT (Low Level Laser Light Therapy) will then be used to further tighten, firm, and lift the eye area, promoting the production of collagen and elastin. The results are instantly noticeable, and significantly lasting over a course of 10 treatments.

As a bonus, the forehead wrinkles will also be treated. The treatment finishes with a soothing collagen mask.





## WAXING AND TINTING

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Let us take good care of your body's waxing needs. To ensure long lasting results, Le Spa by Jan uses Belgium formulated wax with great techniques and after care products.

### Waxing for Women

Bikini	HK\$ 350 / 30 mins
Half Brazilian	HK\$ 400 / 35 mins
Brazilian	HK\$ 450 / 45 mins
Full Leg	HK\$ 550 / 45 mins
Upper Thigh	HK\$ 350 / 25 mins
Half Leg	HK\$ 280 / 25 mins
Upper lip	HK\$ 180 / 15 mins
Back	HK\$ 450 / 25 mins
Full Arm	HK\$ 350 / 30 mins
Underarm	HK\$ 250 / 20 mins
Eyebrow	HK\$ 250 / 20 mins
Lower Back Waxing	HK\$ 300 / 25 mins
Tummy Hair Waxing	HK\$ 250 / 15 mins

### Waxing for Men

Full Leg	HK\$ 650 / 60 mins
Lower Leg	HK\$ 500 / 30 mins
Chest	HK\$ 450 / 30 mins
Back	HK\$ 550 / 25 mins
Underarm	HK\$ 300 / 20 mins
Full Arm	HK\$ 550 / 30 mins
Lower Back Waxing	HK\$ 350 / 25 mins
Tummy Hair Waxing	HK\$ 300 / 20 mins

## **Tinting**

Eyebrows Tinting HK\$200 / 15 mins

Eyelashes Tinting HK\$300 / 25 mins

## **Tweezing & Others**

Eyebrows Tweezing (tidy up brows) HK\$180 / 15 mins

Eyebrows Shaping by therapist HK\$250 / 20 mins

Eyebrows Design Shaping by Jan HK\$350 / 60 mins  
Treatment includes tweezing, trimming and re-sculpting the best shape tutorial.

Nose Hair Waxing HK\$180 / 20 mins



## BODY SCRUBS

# **BODY SCRUB/BODY DERMABRASION**

**(with Thalgo - France)**

Feel your body refreshed and your skin naturally refined and smoothened.

**Body Microdermabrasion (45 - 60 mins / HK\$ 900 for arms and chest, HK\$ 1100 for upper back, lower back or tummy)**

The treatment will be started with exotic Thalgo Indonceane scrub to exfoliate and loosen up the dead skin cells for the preparation of demabrasion. Professional Clairederm Dermabrasion will be performed on different body parts you wish to treat with different size of diamond tips, different grit, and adjustable power to cater for different skin conditions, area, and needs. Then a nourishing Indoceane body wrap will be applied to further smoothen, moisturize, and nourish the treated skin to unify your soul and body to the next level. This is one-of- a-kind ultimate body part rejuvenation treatment.

## **Whole Body Scrub**

**45 mins / HK\$ 800**

Our whole body scrub will make your skin feel better from head to toe. This scrub will remove dead cells, protect cells from inflammation, and refine and smoothen your skin texture. This treatment comes with Thalgo's signature "Polynesia" body scrub.

## **Scrubs**

Feel free to let us know of a specific body area you would like to focus on. Each scrub comes with Thalgo's signature "Polynesia" body scrub.

Arms	15 mins / HK\$ 450
Belly	15 mins / HK\$ 450
Back	30 mins / HK\$ 550
Legs and feet	30 mins / HK\$ 550

# PACKAGES

## Cash Package (valid with any treatment on the menu)

Pay	Get	Benefit
\$ 5000	\$ 6000	20% more
\$ 8000	\$ 10400	30% more
\$ 12000	\$ 16800	40% more
\$ 20000	\$ 30000	50% more

## Fusion & i-Lipo Package

Purchase 10 times	30% discount
Purchase 15 times	40% discount



Opening hours:

Monday to Saturday - from 11:00am to 9:00pm

Sunday - from 12:00 noon to 7:30pm

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